



Westlock & District FCSS

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What is FCSS

Family and Community Support Services (FCSS) is an 80/20 funding partnership between the Province of Alberta and the Town of Westlock, Westlock County and the Village of Clyde.

F.C.S.S.

- ⇒ Is preventative in nature
- ⇒ Enhances, strengthens, and stabilizes family and the community life
- ⇒ Helps people to develop independence and strengthens coping skills
- ⇒ Promotes volunteerism
- ⇒ Encourages and facilitates the development of stronger communities
- ⇒ Promotes citizen participation
- ⇒ Enables local decision making



Services Available:

1. **Information and Referral**
Information is provided and/or referrals are made regarding Services.

2. Seniors Outreach

a. Income Support

Assistance is provided to complete forms for Provincial and Federal Income Support Programs.

b. Day Excursions

Excursions are coordinated for residents to interact and enjoy nearby destinations.

c. Home Support

Services are available to assist with routine housekeeping duties for clients with disabilities, elderly, chronically ill or suffering from short term illness.

3. Volunteer Programs

Information is included in the volunteer section following for individuals interested in volunteering with these programs.*

a. Income Tax

Volunteers assist low income individuals, families and seniors with completing basic tax returns at no charge.

b. Meals on Wheels

In partnership with Pembina Lodge, volunteers deliver nutritional meals to seniors/disabled residents who are unable to provide adequate meals for themselves.

c. Transportation

Volunteer drivers provide transportation for medical appointments in the City of Edmonton, City of St. Albert and the Town of Barrhead.

4. Family Support

a. Family School Liaison

In partnership with Pembina Hills Regional Division, FSL workers are in the schools to provide supportive counselling to children and their families experiencing difficulties either at home or in school.

b. Diversion

In partnership with Child and Family Services, a Diversion Worker provides support to families in an effort to reduce the need for formal intervention and mandated child protection involvement.

c. Caring for Kids

With generous community donations, FCSS coordinates the payment of emergent /extraordinary expenses for kids and families.

d. Coats for Kids/Families

Winter clothing donations for all ages are accepted and are available to community residents in need.

e. Santa's Anonymous*

The annual Santa's Anonymous campaign is coordinated for community residents based on income levels.

5. Community Development

a. Local Partnerships

Senior's Conference,*

Women's Conference, *

Light-Up Parade,*

local Food Bank,

Interagency,

FASD Committee

Voices for Westlock and District Seniors

b. Provincial Partnerships

Rural Kids Matter Coalition—Ensuring every child has a positive early childhood development.

c. Special Events

Seniors Week and Family Day*

Volunteer Opportunities:

Interested individuals are always welcome to volunteer with a variety of our programs and services. Take a look at the following programs and call us if you are interested in getting involved!

1. Community Volunteer Income Tax Program

Volunteers assist low income individuals, families and seniors with completing basic tax returns at no charge. This national program includes training for volunteers to provide this service.

2. Meals on Wheels

In partnership with Pembina Lodge, volunteers deliver nutritional meals to seniors/disabled residents who are unable to provide adequate meals for themselves.

3. Senior Excursions

Volunteers assist senior participants as they enjoy outings to nearby destinations.

4. Volunteer Drivers

Volunteer drivers provide transportation to others for medical appointments in the City of Edmonton, City of St. Albert and the Town of Barrhead.

5. Voices for Westlock & District Seniors

Join the Committee to collaborate and promote senior friendly communities.

6. Santa's Anonymous

Volunteers assist in gathering and selecting gifts for program participants.

7. Rural Kids Matter Coalition

Interested community individuals are welcome to join the Coalition to help ensure every child in our communities has a positive early childhood development.

8. Local Emergency Response

Volunteers are needed to assist in the coordination of needs for evacuees using the services of a Reception Centre. Duties can include:

- registering evacuees
- arranging for clothing, food or accommodations
- assisting with medical needs
- helping with pet care

9. Local Events

FCSS organizes or supports several community events. Volunteers can help in many ways:

- Light Up Parade – volunteers help to assemble and distribute treat bags
- Senior's Conference
- Family Day
- Women's Conference