

HEALTH AND WELLNESS

LIST OF RESOURCES:

211 ALBERTA – is staffed by certified Information and Referral Specialists who are carefully trained to assess complex needs and refer callers to appropriate services.

780-482-4636

ADDICTION COUNSELLING

#4, 10003 – 100 St. Westlock 780-674-8239

www.albertahealthservices.ca

WESTLOCK MENTAL HEALTH SERVICES

Westlock 780-349-5246

ASPEN REGIONAL HEALTH AUTHORITY

10003-100 Street 780-349-8705

ASPEN HEALTH SERVICES 780-349-3316

FCSS

201, 100004 – 107 Street 780-349-5900

[Fact Sheet and Services Available](#)

HOPE RESOURCE CENTRE 780-349-6111

www.hoperesourcecentre.net

BEREAVEMENT SERVICES

St. Mary of the Assumption 780-349-4373

KIDS HELP PHONE 1-800-668-6868

CHILDREN'S MENTAL HEALTH 780-342-1370

RCMP 780-349-4491

VICTIM SERVICES 780-349-4491

FIRST POINT OF CONTACT

Angie Hampshire 780-349-9468

SOUL SISTERS MEMORIAL WEBSITE

www.soulsistersmemorialfoundation.com

THE LIGHTHOUSE COMMUNITY

Christine Fraser 780-918-8572

ALTERNATIVE THERAPY & HOLISTIC WELLNESS CENTRE

GERMAINS' PLACE 780-349-5442

SOLUNA WELLNESS CENTRE 780-240-3403